

**23rd Senior, 18th Junior & 2nd Sub Junior
National Para Powerlifting Championship 2025-26**

Venue: - COER University, Roorkee, Uttarakhand 247667

Date: - 16th to 18th January 2026

MALE RESULTS



23rd Senior, 18th Junior & 2nd Sub Junior National Para Powerlifting Championship 2025-26



Venue: - COER University, Roorkee, Uttarakhand 247667

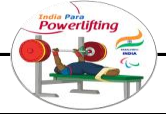
Date: - 16th to 18th January 2026

Class : 49Kg Male										Date: 17-01-2026	
Sr. No.	Competitor's Name	Category	D.O.B	STATE	1st Attempt	BENCH PRESS				PLACE	POINT
						1	2	3	MAX		
Final Result of Sub-Junior Male Category											
1	Talpada Pintu	Sub-Junior	14-02-2009	Gujarat	45 Kg	45	X	50	50	1st	
2	Parmar Dilipbhai Ratanbhai	Sub-Junior	31-01-2009	Gujarat	38 Kg	38	40	45	45	2nd	
3	Deepak Kha	Sub-Junior	01-12-2009	Uttar Pradesh	25 Kg	25	35	45	45	3rd	
4	Mohammed Sufiyan	Sub-Junior	07-05-2009	Rajasthan	30 Kg	30	X	X	30		
5	Ajmeera Siddharth	Sub-Junior	06-07-2009	Telangana	25 Kg	X	25	30	30		
Final Result of Junior Male Category											
1	Abuthahir Hussain	Junior	15-06-2006	Tamilnadu	90 Kg	90	100	X	100	1st	
2	Lovish Tyagi	Junior	17-05-2004	Delhi	80 Kg	X	82	X	82	2nd	
3	Jintu Doley	Junior	29-07-2007	Assam	60 Kg	60	X	X	60	3rd	
4	Shiva Teotia	Junior	20-03-2007	Uttar Pradesh	55 Kg	55	X	60	60		
5	Sarvesh Soni	Junior	11-11-2006	Rajasthan	40 Kg	40	X	55	55		
6	Buchiya Viram Babulal	Junior	30-07-2008	Gujarat	35 Kg	35	40	48	48		
7	Dhana Sakara Rabari	Junior	12-02-2008	Gujarat	35 Kg	35	40	X	40		
8	Mahender Singh	Junior	05-07-2008	Rajasthan	35 Kg	35	X	40	40		
9	Dibestar Shabong	Junior	02-05-2007	Meghalaya	25 Kg	X	X	25	25		
	Mukesh Nayak	Junior	05-04-2006	Odisha	30 Kg	X	X	X	X		
	Pavan Prasannan	Junior	01-11-2006	Kerala	45 Kg	X	X	X	X		
Final Result of Senior Male Category											
1	Dilip Shukla	Senior	10-07-1985	Gujarat	126 Kg	126	130	X	130	1st	
2	Bhammar Mayabhai Lomabhai	Senior	01-03-1998	Gujarat	115 Kg	115	120	X	120	2nd	
3	Murugan	Senior	01-05-1986	Tamilnadu	90 Kg	90	100	X	100	3rd	
4	Yuvrajsinh Mathurji Thakor	Senior	05-02-2005	Gujarat	84 Kg	84	88	90	90		
5	Chetan	Senior	16-07-1990	Uttar Pradesh	80 Kg	X	80	88	88		

6	Patnam Sai Kiran Bhaskar	Senior	30-05-2004	Maharashtra	78 Kg	78	83	86	86		
7	Kirpa Ram	Senior	04-07-2004	Rajasthan	85 Kg	85	X	X	85		
8	Mohit Kumar	Senior	10-07-1995	Uttarakhand	80 Kg	X	85	X	85		
9	Ram Sagar Kumar	Senior	01-01-1996	Jharkhand	82 Kg	82	X	X	82		
10	Vinayagamurthy	Senior	17-03-1993	Tamilnadu	75 Kg	75	X	78	78		
11	Gulshan Mahor	Senior	05-12-1993	Madhya Pradesh	65 Kg	65	70	78	78		
12	Ramdas Rvnguda	Senior	01-08-2002	Odisha	70 Kg	70	X	X	70		
13	Jaypal	Senior	05-08-2005	Rajasthan	70 Kg	70	X	X	70		
14	Sulemaan	Senior	13-11-1995	Uttarakhand	65 Kg	65	X	X	65		
15	Ujjwal Agarwal	Senior	22-12-1996	Sikkim	60 Kg	60	65	X	65		
16	Shivappa Basappa	Senior	04-01-1994	Karnataka	55 Kg	55	X	X	55		
17	Saurav Kumar	Senior	01-01-2002	Uttarakhand	55 Kg	55	X	X	55		
18	Robin Gurang	Senior	25-01-1996	Sikkim	40 Kg	40	45	50	50		
19	Mohit Kumar	Senior	12-08-1996	Bihar	40 Kg	40	45	48	48		
20	Rajesh Roy	Senior	07-05-2001	Assam	43 Kg	43	X	X	43		
21	Sumer Paswan	Senior	02-05-1996	Jharkhand	40 Kg	X	X	40	40		
22	Kamal Thapa	Senior	15-06-1989	Meghalaya	20 Kg	X	X	20	20		
	Sudhakar	Senior		Tamilnadu	80 Kg	X	X	X	X		
	Sanjay	Senior		Uttar Pradesh	80 Kg	X	X	X	X		
	Martin Issac	Senior		Kerala	85 Kg	X	X	X	X		



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Date: - 16th to 18th January 2026

Class : 54Kg Male										Date: 17-01-2026	
Sr. No.	Competitor's Name	Category	D.O.B	STATE	1st Attempt	BENCH PRESS				PLACE	POINT
						1	2	3	MAX		
Final Result of Sub-Junior Male Category											
1	Sunny Kumar	Sub-Junior	05-02-2011	Bihar	30 Kg	30	40	45	45	1st	
2	M Praveen	Sub-Junior	12-02-2009	Tamilnadu	35 Kg	35	40	43	43	2nd	
3	Surendra	Sub-Junior	05-04-2009	Rajasthan	25 Kg	25	X	X	25	3rd	
Final Result of Junior Male Category											
1	Solanki Dhaval Samatbhai	Junior	28-10-2006	Gujarat	58 Kg	58	62	65	65	1st	
2	Samrat Vishwajit Ingale	Junior	12-05-2008	Maharashtra	45 Kg	45	52	X	52	2nd	
3	Mayank Choudhary	Junior	05-05-2006	Rajasthan	40 Kg	40	45	X	45	3rd	
4	Parmar Rajeshbhai	Junior	07-12-2007	Gujarat	38 Kg	X	X	40	40		
Final Result of Senior Male Category											
1	Pramjeet Kumar	Senior	02-01-1992	Punjab	160 Kg	X	160	167	167	1st	
2	Shiv Prakash Yadav	Senior	02-03-1992	Uttar Pradesh	142 Kg	142	148	X	148	2nd	
3	M. Krishnamoorthy	Senior	07-06-1984	Tamilnadu	130 Kg	130	138	X	138	3rd	
4	Shubham Chakrawarty	Senior	06-01-1997	Madhya Pradesh	115 Kg	115	121	X	121		
5	Amal Sukumaran	Senior	03-04-1999	Kerala	90 Kg	90	97	X	97		
6	Bilal	Senior	07-03-2005	Delhi	83 Kg	83	X	87	87		
7	Deepak Singh Nagarkoti	Senior	14-04-2002	Uttarakhand	85 Kg	85	X	X	85		
8	Manvendra Singh	Senior	05-01-1991	Rajasthan	83 Kg	83	85	X	85		
9	Patel Prakash Bhai	Senior	26-02-1986	Gujarat	70 Kg	70	X	80	80		
10	Laxman Sharma	Senior	02-08-1986	Uttar Pradesh	75 Kg	X	75	X	75		
11	Kamal Hassan	Senior		Uttarakhand	70 Kg	70	X	X	70		
12	Malek Gulam Jahangir	Senior	08-06-2005	Gujarat	55 Kg	55	X	60	60		
13	Sumer Kumar Paswan	Senior	02-05-1996	Jharkhand	40 Kg	X	40	X	40		
14	Tukeshwar Kumar	Senior	20-11-1997	Jharkhand	40 Kg	X	X	40	40		

15	Luckystar Nongdkhar	Senior	02-05-1994	Meghalaya	30 Kg	30	35	38	38		
	bajrang lal	Senior		Rajasthan	75 Kg	X	X	X	X		
	Rajesh bhagel	Senior		Madhya Pradesh	100 Kg	X	X	X	X		
	Gaurav Kumar	Senior		Uttar Pradesh	110 Kg	X	X	X	X		
	Gopal Ram	Senior		Delhi	60 Kg	X	X	X	X		
	Sulemaam	Senior		Uttrakhnad	65 Kg	X	X	X	X	DNS	



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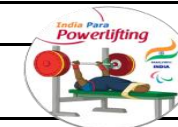
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Date: - 16th to 18th January 2026

Class : 59kg Male										Date: 17-01-2026	
Sr. No.	Competitor's Name	Category	D.O.B	STATE	1st Attempt	BENCH PRESS				PLACE	POINT
						1	2	3	MAX		
Final Result of Sub-Junior Male Category											
1	Pranjal	Sub Junior	13-03-2009	Delhi	50 Kg	50	55	62	62	1st	
Final Result of Junior Male Category											
1	Ajay Pateliya	Junior	01-01-2007	Gujarat	105 Kg	105	X	X	105	1st	
2	Ranjeet Kumar	Junior	01-01-2006	Bihar	60 Kg	60	X	X	60	2nd	
3	Shyama Marandi	Junior	05-04-2007	Odisha	50 Kg	50	X	X	50	3rd	
4	Nitin Sewag	Junior	04-07-2004	Rajasthan	35 Kg	35	X	X	35		
Final Result of Senior Male Category											
1	Manish Kumar	Senior	20-05-1991	Haryana	165 Kg	165	170	172	172	1st	
2	Gulfam Ahmed	Senior	10-10-1990	Delhi	150 Kg	150	157	159	159	2nd	
3	Saravanan Vijayan	Senior	22-04-1988	Tamilnadu	140 Kg	140	148	X	148	3rd	
4	Joby Mathew	Senior	08-12-1976	Kerala	145 Kg	145	148	X	148		
5	Randeep Singh	Senior	04-03-1989	Punjab	118 Kg	118	123	127	127		
6	Sanjeev Kumar	Senior	31-01-1993	Punjab	115 Kg	X	X	120	120		
7	Gulshan Kumar	Senior	13-03-1994	Delhi	110 Kg	110	113	118	118		
8	Shiv Kishor	Senior	01-01-1996	Uttar Pradesh	112 Kg	112	X	X	112		
9	Ankul Kumar	Senior	04-03-1997	Uttarakhand	110 Kg	110	X	X	110		
10	Sheikh Abdul Sheikh	Senior	01-03-1992	Maharashtra	90 Kg	90	102	107	107		
11	Parmar Ashok Kumar	Senior	20-09-1986	Gujarat	102 Kg	X	102	105	105		
12	Umesh Kaushik	Senior	15-07-1992	Uttar Pradesh	87 Kg	87	95	X	95		
13	Rajubhai Marvadi	Senior	20-08-1982	Gujarat	80 Kg	X	85	X	85		
14	B. Manoharam	Senior	12-05-1986	Tamilnadu	75 Kg	X	75	X	75		
15	Md.Firdous Akhatar	Senior	20-01-1995	Bihar	60 Kg	60	65	X	65		
16	Joshi Kumar	Senior	01-08-1996	Bihar	60 Kg	60	65	X	65		

17	Suraj Pradhan	Senior	22-05-1999	Sikkim	45 Kg	45	50	X	50		
	Yogesh Kumar Sahu	Senior		Madhya Pradesh	80 Kg	X	X	X	X		
	Brindabon Kutam	Senior		Assam	70 Kg	X	X	X	X		
	Kumar Panigrahi	Senior		Odisha	110 Kg	X	X	X	X		

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Class : 65kg Male										Date : ...	17-01-2026
Sr. No.	Competitor's Name	Category	D.O.B	STATE	1st Attempt	BENCH PRESS				PLACE	POINT
						1	2	3	MAX		

Final Result of Sub-Junior Male Category

1	Nitin Kumar	Sub Junior	06-10-2010	Punjab	110 Kg	X	120	125	125	1st	
2	Dinesh Singh	Sub Junior	07-11-2009	Rajasthan	80 Kg	80	X	X	80	2nd	
3	Hans Khatri	Sub Junior	30-01-2010	Delhi	45 Kg	X	X	50	50	3rd	

Final Result of Junior Male Category

1	Syed Moh Mehdi Haider	Junior	22-06-2006	Uttar Pradesh	70 Kg	70	X	75	75	1st	
2	Rahul Chaudhary	Junior	04-02-2007	Uttar Pradesh	70 Kg	X	72	X	72	2nd	
3	Udham Singh	Junior	17-11-2007	Uttar Pradesh	55 Kg	55	X	X	55	3rd	
	Muhammadabdulaleem Peermohar	Junior	01-12-2008	Tamilnadu	35 Kg	X	X	X	X		

Final Result of Senior Male Category

1	Ashok	Senior	27-04-1984	Haryana	188 Kg	188	190	N.T	190	1st	
2	Bharat Malhotra	Senior	18-07-1990	Punjab	152 Kg	152	157	159	159	2nd	
3	Kuldeep Singh	Senior	07-01-1983	Punjab	150 Kg	150	155	158	158	3rd	
4	Makvana Arvind	Senior	01-03-1990	Gujarat	144 Kg	144	X	X	144		
5	Gadadhar Sahu	Senior	10-04-1992	Odisha	140 Kg	140	X	X	140		
6	Prabhat Kumar	Senior	08-12-2003	Bihar	120 Kg	X	125	128	128		
7	Akhilesh Kumar Gautam	Senior	20-07-1996	Uttar Pradesh	120 Kg	120	125	X	125		
8	Krushna Dnyanoba Argade	Senior	21-09-2002	Maharashtra	105 Kg	105	X	115	115		
9	Sachin Chaudhary	Senior	15-03-1996	Uttar Pradesh	100 Kg	100	110	X	110		
10	Md. Khurram Siddiqui	Senior	15-09-1994	Bihar	90 Kg	x	100	105	105		
11	Chandan Kumar	Senior	26-12-1976	Delhi	95 Kg	95	X	102	102		
12	S. Prabakaran	Senior	14-12-1987	Tamilnadu	90 Kg	90	100	X	100		
13	Avadut Maruti Sankapal	Senior	16-07-1987	Maharashtra	97 Kg	97	X	X	97		
14	Prashant Chayajee Jadhav	Senior	16-07-1987	Maharashtra	90 Kg	90	X	X	90		

15	Manoj S	Senior	27-07-1994	Tamilnadu	90 Kg	X	90	X	90		
16	Mirza Naveed Baig	Senior	04-10-1997	Telangana	85 Kg	85	X	X	85		
17	Hanif Ali	Senior	20-11-1993	Assam	80 Kg	80	X	X	80		
18	Mohammed Sohail Baba	Senior	01-12-2001	Telangana	75 Kg	75	80	X	80		
19	Rakesh Kumar	Senior	05-01-1992	Rajasthan	65 Kg	65	75	X	75		
	Allam Rana	Senior		Telangana	75 Kg	X	X	X	X		
	Shani Yadav	Senior		Delhi	100 Kg	X	X	X	X		
	Jitendra Kumar Chouhan	Senior		Bihar	115 Kg	X	X	X	X		
	Mayur Vijay Deore	Senior		Maharashtra	120 Kg	X	X	X	X		
	Vinod Thakur	Senior		Delhi	138 Kg	X	X	X	X		
	Tongran A sangma	Senior		Meghalaya	40 Kg	X	X	X	X		
	Shaikh Addul	Senior		Maharashtra		X	X	X	X	DNS	
	Makvana Arvind	Senior		Gujarat		X	X	X	X	DNS	
	Kuldeep Singh	Senior		Punjab		X	X	X	X	DNS	



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Class : 72Kg Male										Date :18-01-2026	
Sr. No.	Competitor's Name	Category	D.O.B	STATE	1st Attempt	BENCH PRESS				PLACE	POINT
						1	2	3	MAX		
Final Result of Sub-Junior Male Category											
1	Pritam Punia	Sub Junior	10-03-2009	Haryana	70	70	80	85	85	1st	
2	Krithick Roshan S	Sub Junior	06-08-2010	Tamilnadu	30	30	35	40	40	2nd	
Final Result of Junior Male Category											
1	Rao Suhail	Junior	01-02007	Uttar Pradesh	101	101	X	106	106	1st	
2	Harisakthivel G	Junior	10-05-2008	Tamilnadu	80	80	85	X	85	2nd	
3	Manik Arya	Junior	17-09-2007	Uttarakhand	75	75	80	X	80	3rd	
4	Muhammad Abdul Aleem P.	Junior	01-12-2008	Tamilnadu	35	X	35	X	35		
	Shiv Bhandari	Junior	10-02-2007	Delhi	50	X	X	X	X		
Final Result of Senior Male Category											
1	Jhandu Kumar	Senior	01-01-1997	Bihar	170 Kg	170	180	190	190	1st	
2	Vikram Singh Adhikari	Senior	09-10-1979	Maharashtra	157 Kg	157	X	161	161	2nd	
3	Vinay	Senior	10-12-2005	Uttar Pradesh	140 Kg	140	145	148	148	3rd	
4	Chandan	Senior	10-05-1990	Delhi	130 Kg	130	140	X	140		
5	Satvir Singh	Senior	19-03-1978	Himachal Pradesh	125 Kg	125	130	140	140		
6	Nitin Kumar	Senior	15-08-1994	Uttar Pradesh	130 Kg	130	132	135	135		
7	Gyana Ranjan Sahoo	Senior	04-04-1992	Odisha	120 Kg	120	X	X	120		
8	Pankaj Ramchandra Hawand	Senior	07-07-1988	Maharashtra	110 Kg	X	110	120	120		
9	Syed Ali AM	Senior	31-05-1979	Tamilnadu	95 Kg	95	105	110	110		
10	P. Baba	Senior	10-06-1998	Andhra Pradesh	102 Kg	X	107	X	107		
11	Youdhishter Singh	Senior	25-03-1984	Himachal Pradesh	92 Kg	92	102	X	102		
	Pawan Kumar	Senior	02-07-1986	Haryana	125 Kg	X	X	X	X		
	S.shiva	Senior	08-10-1995	Telangana	85 Kg	X	X	X	X		
	Gangesh Jha	Senior	02-07-1982	Bihar	60 Kg	X	X	X	X		



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Date: - 16th to 18th January 2026

Class : 80Kg Male										Date : ...	18-01-2026
Sr. No.	Competitor's Name	Category	D.O.B	STATE	1st Attempt	BENCH PRESS				PLACE	POINT
						1	2	3	MAX		
Final Result of Sub-Junior Male Category											
1	Vaddi Sateesh Kumar	Sub Junior	23-09-2010	Andhra Pradesh	60 Kg	X	60	X	60	1st	
2	Manova K	Sub Junior	01-02-2010	Tamilnadu	35 Kg	35	40	45	45	2nd	
Final Result of Senior Male Category											
1	Ramubhai Babubhai B	Senior	12-04-1996	Gujarat	153 Kg	153	160	168	168	1st	
2	Deepak	Senior	20-05-1991	Haryana	162 Kg	X	165	168	168	2nd	
3	Gursewak Singh	Senior	08-02-1994	Punjab	167 Kg	X	N.T	167	167	3rd	
4	Jatinder Singh	Senior	24-02-1986	Punjab	152 Kg	152	X	X	152		
5	Pravin Subhash Jagtap	Senior	12-05-1982	Maharashtra	132 Kg	X	X	132	132		
6	Rajesh Kumar	Senior	01-01-1981	Delhi	112 Kg	X	X	X	112		
7	Abdul Salam K	Senior	30-03-1990	Kerala	110 Kg	110	X	NT	110		
8	Amit Kumar	Senior	11-08-1989	Delhi	107 Kg	X	110	X	110		
9	Arjun Singh	Senior	10-03-1983	Haryana	102 Kg	102	108	110	110		
10	Sanjay verma	Senior	16-01-1981	Delhi	100 Kg	100	105	108	108		
11	Vasimbhai Sattarbhai V	Senior	29-06-1984	Gujarat	95 Kg	X	95	100	100		
12	Syed Abuthahir B	Senior	20-05-1989	Tamilnadu	80 Kg	X	80	90	90		
13	Hariom	Senior	30-01-2003	Rajasthan	60 Kg	60	70	80	80		
14	Pinnitti Vasudeva Redd	Senior	20-03-2002	Telangana	70 Kg	70	75	78	78		
15	Diwakar Dhyavana	Senior	30-08-2004	Rajasthan	40 Kg	40	X	X	40		
	Hari Shankar Rajak	Senior	13-12-1990	Bihar	70 Kg	X	X	X	X		
	Santhosh Kumar	Senior	19-09-1997	Tamilnadu	90 Kg	X	X	X	X		
	Akash Kumar Singh	Senior	15-02-1992	Jharkhand	100 Kg	X	X	X	X		
	Giriraj	Senior	01-03-1988	Uttar Pradesh	127 Kg	X	X	X	X		
	Tara Rade	Senior	13-06-1994	Andhra Pradesh	115 Kg	X	X	X	X		
	Rakesh Kumar	Senior	07-02-2000	Odisha	108 Kg	X	X	X	X		





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Class : 88Kg Male											Date : ...	18-01-2026
Sr. No.	Competitor's Name	Category	D.O.B	STATE	1st Attempt	BENCH PRESS				PLACE	POINT	
						1	2	3	MAX			
Final Result of Sub-Junior Male Category												
1	Aryan Chaudhary	Sub Junior	29-08-2009	Rajasthan	50 Kg	X	X	55	55	1st		
Final Result of Senior Male Category												
1	Sudhir	Senior	27-10-1994	Haryana	182 Kg	182	197	X	197	1st		
2	Mohammad Zavir	Senior	15-06-1995	Uttar Pradesh	168 Kg	168	171	174	174	2nd		
3	Jagmohan	Senior	01-10-1984	Delhi	153 Kg	153	157	X	157	3rd		
4	Mohit Kumar	Senior	07-02-2000	Uttar Pradesh	140 Kg	140	147	X	147			
5	Manjit Singh	Senior	02-07-1981	Punjab	140 Kg	140	145	X	145			
6	Nesamani	Senior	02-05-1995	Tamilnadu	135 Kg	135	143	X	143			
7	Asmiroddin Rafiyoddin	Senior	12-07-1985	Maharashtra	135 Kg	135	141	X	141			
8	Chotu Kumar Jha	Senior	01-10-1995	Maharashtra	115 Kg	115	125	X	125			
9	Prakash Chaudhary	Senior	06-07-1985	Rajasthan	110 Kg	110	120	X	120			
10	Bora Koteswara Rao	Senior	25-02-1983	Andhra Pradesh	117 Kg	117	X	X	129			
11	Sanoj	Senior	15-04-1992	Delhi	100 Kg	100	X	107	107			
	Pawan Kumar	Senior	15-07-1998	Rajasthan	X	X	X	X	X	DNS		

23rd Senior, 18th Junior & 2nd Sub Junior National Para Powerlifting Championship 2025-26											
		Venue: - COER University, Roorkee, Uttarakhand 247667									
<i>Date: - 16th to 18th January 2026</i>											
Class : 97Kg Male										Date : ... 18-01-2026	
Sr. No.	Competitor's Name	Category	D.O.B	STATE	1st Attempt	BENCH PRESS				PLACE	POINT
						1	2	3	MAX		
Final Result of Junior Male Category											
1	Nirbhay Acharya	Junior	09-10-2006	Rajasthan	50 Kg	X	50	X	50	1st	
	Ramesh Dalal	Junior	12-12-2005	Chhattisgarh	40 Kg	X	X	X			
Final Result of Senior Male Category											
1	Rahul Jograjiya	Senior	06-01-2003	Gujarat	168 Kg	168	173	175	175	1st	
2	Kuldeep Kumar	Senior	15-07-1982	Delhi	162 Kg	162	170	174	174	2nd	
3	Hemant Kumar	Senior	20-03-1997	Uttar Pradesh	162 Kg	162	170	173	173	3rd	
4	Katara Kalpesh	Senior	12-05-1981	Gujarat	147 Kg	147	158	X	158		
5	Chandan Kumar Behra	Senior	02-06-1988	Odisha	141 Kg	141	X	X	141		
6	Mukesh Kumar	Senior	18-06-1977	Haryana	138 Kg	138	X	X	138		
7	Milan Kumar	Senior	08-03-1978	Rajasthan	130 Kg	130	X	X	130		
8	Gajendra Singh	Senior	05-07-1986	Madhya Pradesh	125 Kg	125	X	X	125		
9	Prakash Shankarlal	Senior	06-05-1977	Maharashtra	110 Kg	110	115	120	120		
10	Santosh Tomer	Senior	15-10-1994	Uttar Pradesh	102 Kg	102	105	X	105		
11	Mohammed Farooq	Senior	08-03-1989	Andhra Pradesh	90 Kg	X	90	X	90		
12	Ashish Bighenya	Senior	01-10-1978	Madhya Pradesh	85 Kg	85	X	X	85		
	Sumit Kumar	Senior	25-05-1989	Uttar Pradesh	162 Kg	X	X	X	X		
	Arun Roy	Senior	11-05-1987	Tripura	80 Kg	X	X	X	X		
	Sapan Shah	Senior	10-09-1986	Assam	80 Kg	X	X	X	X		



23rd Senior, 18th Junior & 2nd Sub Junior National Para Powerlifting Championship 2025-26



Venue: - COER University, Roorkee, Uttarakhand 247667

Date: - 16th to 18th January 2026

Class : 107Kg Male Date : ... 18-01-2026

Sr. No.	Competitor's Name	Category	D.O.B	STATE	1st Attempt	BENCH PRESS				PLACE	POINT
						1	2	3	MAX		

Final Result of Junior Male Category

1	Krishnaraj P.J	Junior	17-03-2008	Kerala	25	25	35	45	45	1st	
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Final Result of Senior Male Category

1	Pardeep Joon	Senior		Haryana	180	180	190	195	195	1st	
2	Dinesh Shashi	Senior	24-06-1997	Maharashtra	160	160	170	X	170	2nd	
3	Ladani Divyesh Dinesh Bhai	Senior	07-09-1985	Gujarat	148	148	X	154	154	3rd	
4	Rahul Kumar	Senior	10-02-1995	Uttar Pradesh	145	145	149	153	153		
5	Balasubramanian	Senior	04-10-1992	Tamilnadu	135	135	X	147	147		
6	Jitendra Kumar	Senior	26-05-1992	Uttar Pradesh	135	135	X	X	135		
7	Ishwar Singh	Senior	27-08-1988	Uttar Pradesh	132	132	X	X	132		
8	Arunachalam	Senior	26-05-1994	Tamilnadu	110	110	X	X	110		
9	Rakesh Kumar	Senior	11-01-1996	Bihar	50	50	55	X	55		
	Rahul Vashisbath	Senior	16-10-1996	Punjab	140	X	X	X	X	DNS	
	Deepu B	Senior	21-12-1988	Karnataka	100	X	X	X	X	DNS	



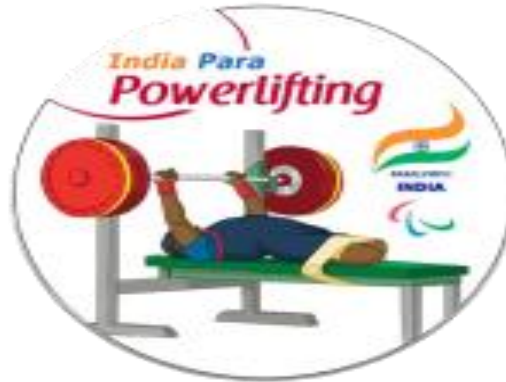
23rd Senior, 18th Junior & 2nd Sub Junior National Para Powerlifting Championship 2025-26



Venue: - COER University, Roorkee, Uttarakhand 247667

Date: - 16th to 18th January 2026

Class : Over 107Kg Male										Date : ...	18-01-2026
Sr. No.	Competitor's Name	Category		STATE	1st Attempt	BENCH PRESS				PLACE	POINT
						1	2	3	MAX		
Final Result of Junior Male Category											
1	Makeshwaran Murugesh	Junior	20-06-2007	Tamilnadu	100	100	105	X	105	1st	
Final Result of Senior Male Category											
1	Mohd.Nadeem	Senior	05-06-1986	Punjab	165	165	175	X	175	1st	
2	Ajay Kumar	Senior	11-02-1979	Haryana	140	140	145	148	178	2nd	
3	Vijayan	Senior	09-11-1995	Tamilnadu	130	130	138	X	138	3rd	
	Shyam Singh	Senior	07-03-1992	Uttar Pradesh	143	X	X	X	X	X	
	Hemant Thareja	Senior	05-11-1985	Rajasthan	105	X	X	X	X	X	



**23rd Senior, 18th Junior & 2nd Sub Junior
National Para Powerlifting Championship 2025-26**

Venue: - COER University, Roorkee, Uttarakhand 247667

Date: - 16th to 18th January 2026

FEMALE RESULTS

23rd Senior, 18th Junior & 2nd Sub Junior National Para Powerlifting Championship 2025-26

Venue: - COER University, Roorkee, Uttarakhand 247667

Date: - 16th to 18th January 2026



Class : 41KG FEMALE											Date: 17-01-2026	
Sr. No.	Competitor's Name	Category	DOB	Body Weight Kg	STATE	1st Attempt	BENCH PRESS				PLACE	POINT
							1	2	3	Best		
Final Result of Sub-Junior Female Category												
1	Khusbu	Sub-Junior	10-07-2009	41	Haryana	25 Kg	25	30	35	35	1st	
2	Vaishnavi	Sub-Junior	06-05-2013	41	Uttar Pradesh	20 Kg	X	X	20	20	2nd	
	Vadlamani Savithri Chinmayi	Sub-Junior	23-07-2011	41	Andhra Pradesh	20 Kg	X	X	X	X	X	
	Ruhani Khan	Sub-Junior	12-05-2012		Goa	20 Kg	X	X	X	X	X	
Final Result of Junior Female Category												
1	Nafiya M.N.	Junior	11-11-2008	41	Kerala	35 Kg	35	X	40	40	1st	
2	Baby Salini	Junior	15-05-2008	41	Tamilnadu	22 Kg	22	25	X	25	2nd	
3	Neha	Junior	02-03-2006	41	Uttar Pradesh	20 Kg	X	X	20	20	3rd	
Final Result of Senior Female Category												
1	Shanu Patodiya	Senior	15-07-1996	41	Rajasthan	57 Kg	57	62	X	62	1st	
2	Rabari Nayana	Senior	30-10-1982	41	Gujarat	47 Kg	47	51	52	52	2nd	
3	Shah Sapana Natavarlal	Senior	16-09-1983	41	Gujarat	51 Kg	51	X	X	51	3rd	
4	Shukla Satappa Bidkar	Senior	17-07-1987	41	Maharashtra	48 Kg	48	50	51	51		
5	Manisha	Senior	24-01-1995	41	Haryana	45 Kg	45	50	X	50		
6	Seema Rani	Senior	06-05-1989	41	Uttar Pradesh	45 Kg	45	X	X	45		
7	Bhajgotar Bhavna Karshan Bhai	Senior	01-12-1994	41	Gujarat	45 Kg	45	X	X	45		
8	Rooma Devi	Senior	20-07-1990	41	Uttarakhand	25 Kg	25	28	X	28		
9	Mitisdona Shabong	Senior	25-02-2005	41	Meghalaya	20 Kg	20	X	X	20		
10	Prisca Pyngrope	Senior	18-01-1993	41	Meghalaya	20 Kg	X	20	X	20		
	Philisita Myrthong	Senior	14-02-1999	41	Meghalaya	20 Kg	X	X	X			
	Lalresmsiami Bora	Senior	15-12-1985		Mizoram	20 Kg	X	X	X			



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Venue: - COER University, Roorkee, Uttarakhand 247667



Date: - 16th to 18th January 2026

Class : 45KG FEMALE											Date: 17-01-2026	
Sr. No.	Competitor's Name	Category	DOB	Body Weight Kg	STATE	1st Attempt	BENCH PRESS				PLACE	POINT
							1	2	3	Best		
Final Result of Sub-Junior Female Category												
1	Vanshika	Sub-Junior	23-08-2012	45	Uttar Pradesh	25 Kg	X	X	25	25	1st	
2	Riya Rajput	Sub-Junior	20-07-2009	45	Uttar Pradesh	20 Kg	X	20	22	22	2nd	
	Charmata Shradhaben Nathabhai	Sub-Junior	20-02-2009		Gujarat	20 Kg	X	X	X	X	X	
Final Result of Junior Female Category												
1	Patel Ayushiben	Junior	02-09-2007	45	Gujarat	30 Kg	30	35	X	35	1st	
2	Rinaben Sendhabhai Chaudhary	Junior	11-06-2007	45	Gujarat	20 Kg	20	22	X	22	2nd	
3	Sumaiya	Junior	05-08-2012	45	Uttar Pradesh	20 Kg	20	20	X	20	3rd	
Final Result of Senior Female Category												
1	Jaspreet Kaur	Senior	17-05-1993	45	Punjab	90 Kg	90	95	X	95	1st	
2	Sonam Dhondiram Patil	Senior	25-10-2001	45	Maharashtra	60 Kg	60	65	69	69	2nd	
3	Kavipriya Raja	Senior	03-06-1992	45	Tamilnadu	52 Kg	X	52	X	52	3rd	
4	Suman	Senior	05-07-1998		Uttar Pradesh	20 Kg	X	25	X	25		
	Sayra	Senior	08-02-1985		Uttar Pradesh	48 Kg	X	X	X			



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Venue: - COER University, Roorkee, Uttarakhand 247667

Date: - 16th to 18th January 2026

Class : 50KG FEMALE Date: 17-01-2026

Sr. No.	Competitor's Name	Category	DOB	STATE	1st Attempt	BENCH PRESS				PLACE	POINT
						1	2	3	MAX		

Final Result of Sub-Junior Female Category

1	Shreya Indrajit Pachmase	Sub-Junior	25-05-2011	Maharashtra	30 Kg	30	X	X	30	1st	
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Final Result of Junior Female Category

1	Tarannum	Junior	15-12-2008	Uttar Pradesh	46 Kg	X	46	X	46	1st	
2	Bharti Agarwal	Junior	08-05-2006	Uttarakhand	40 Kg	X	42	X	42	2nd	
	Thalla Pudi Gowthami	Junior	23-04-2006	Andhra Pradesh	20 Kg	X	X	X	X	X	

Final Result of Senior Female Category

1	Pratima Krishnarao Bonde	Senior	15-01-1987	Maharashtra	85 Kg	85	X	X	85	1st	
2	Raj Kumari	Senior	15-03-1991	Delhi	68 Kg	68	X	X	68	2nd	
3	Gomathi	Senior	29-09-1988	Tamilnadu	65 Kg	65	X	X	65	3rd	
4	Sabitri Behera	Senior	11-07-1992	Odisha	35 Kg	35	X	40	40		
5	Anjelina Tynhiang	Senior	19-09-1993	Meghalaya	20 Kg	X	20	25	25		
	Deepa	Senior	08-12-1993	Delhi	50 Kg	X	X	X	X		
	Mamta	Senior		Uttarakhand	35 Kg	X	X	X	X		



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Venue: - COER University, Roorkee, Uttarakhand 247667

Date: - 16th to 18th January 2026

Class : 55KG FEMALE										Date: 17-01-2026	
Sr. No.	Competitor's Name	Category	DOB	STATE	1st Attempt	BENCH PRESS				PLACE	POINT
						1	2	3	MAX		
Final Result of Sub-Junior Female Category											
1	Arohi Pandurang Kambale	Sub-Junior	18-12-2010	Maharashtra	22 Kg	22	X	X	22 Kg	1st	
2	Sarojini Parida	Sub-Junior	15-04-2009	Odisha	20 Kg	20	X	X	20 Kg	2nd	
Final Result of Junior Female Category											
1	Anshika Gupta	Junior	30-08-2008	Uttar Pradesh	20 Kg	X	X	20	20 Kg	1st	
Final Result of Senior Female Category											
1	Suman Devi	Senior	09-05-1984	Haryana	75 Kg	75	80	X	80 Kg	1st	
2	Jasmine Michline Amalorpavan	Senior	16-04-1987	Tamilnadu	65 Kg	65	68	X	68 Kg	2nd	
3	Gohil Parulben Raysangbhai	Senior	03-01-1985	Gujarat	59 Kg	59	X	X	59 Kg	3rd	
4	Tanishka	Senior	15-09-1991	Delhi	45 Kg	X	X	50	50 Kg		
5	Meera Kashyap	Senior	14-04-1992	Delhi	20 Kg	20	45	X	45 Kg		
6	Lalitamma	Senior	01-06-1987	Karnataka	30 Kg	30	38	X	38 Kg		
7	Kiran Kumari	Senior	01-03-1987	Jharkhand	20 Kg	X	20	X	20 Kg		
	Soni Kumari	Senior	18-11-1997	Bihar	40 Kg	X	X	X	X		



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Venue: - COER University, Roorkee, Uttarakhand 247667

Date: - 16th to 18th January 2026

Class : 61KG FEMALE										Date : 18-01-2026	
Sr. No.	Competitor's Name	Category	DOB	STATE	1st Attempt	BENCH PRESS				PLACE	POINT
						1	2	3	MAX		
Final Result of Junior Female Category											
1	Tanvi Nilesh Shinde	Junior	17-05-2007	Maharashtra	20 Kg	20	X	24	24Kg	1st	
	Roopa Shah	Junior	12-12-2008	Assam	35 Kg	X	X	X	X	X	
Final Result of Senior Female Category											
1	Seema Rani	Senior	08-08-1985	Punjab	92 Kg	92	96	X	96 Kg	1st	
2	Zainab Khatoon	Senior	15-12-1995	Uttar Pradesh	93 Kg	93	X	X	93 Kg	2nd	
3	Nathiya Muniyasamy	Senior	16-05-1987	Tamilnadu	70 Kg	70	76	X	76 Kg	3rd	
4	Lathika P V	Senior	04-06-1976	Kerala	60 Kg	60	65	X	65 Kg		
5	Pavari Eshika Sureshbhai	Senior	12-12-2005	Gujarat	48 Kg	48	51	X	51 Kg		
6	Vasantiben Mansaji Solanki	Senior	22-06-1992	Gujarat	42 Kg	42	45	47	47 Kg		
7	Komal Kumari	Senior	31-12-1993	Haryana	45 Kg	45	X	X	45 Kg		
8	Shabi Zehra	Senior	15-03-1984	Uttar Pradesh	40 Kg	40	X	X	40 Kg		
9	Najiya	Senior	07-07-1994	Delhi	40 Kg	X	40	X	40 Kg		



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Venue: - COER University, Roorkee, Uttarakhand 247667

Date: - 16th to 18th January 2026

Class : 67KG FEMALE										Date : ..	18-01-2026
Sr. No.	Competitor's Name	Category	DOB	STATE	1st Attempt	BENCH PRESS				PLACE	POINT
						1	2	3	MAX		
Final Result of Sub-Junior Female Category											
1	Payal	Sub Junior	12-03-2009	Haryana	45 Kg	45	50	x	50	1st	
	Rimi Debnath	Sub Junior	09-09-2010	Tripura	55 Kg	x	x	x	x	x	
Final Result of Junior Female Category											
1	Kummara Chandana	Junior	07-07-2007	Andhra Pradesh	45 Kg	45	x	x	45	1st	
Final Result of Senior Female Category											
1	Kasthuri Rajamani	Senior	23-08-1984	Tamilnadu	108 Kg	x	108	x	108	1st	
2	Megha Pandey	Senior	22-06-1993	Madhya Pradesh	83 Kg	83	87	x	87	2nd	
3	Sammahasu Mary M	Senior	28-03-1989	Tamilnadu	52 Kg	x	52	x	52	3rd	
	Dhanalakshmi Munakala	Senior	14-06-1987	Andhra Pradesh	59 Kg	x	x	x	x	x	
	Anju	Senior	04-03-1982	Delhi	50 Kg	x	x	x	x	x	



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Venue: - COER University, Roorkee, Uttarakhand 247667

Date: - 16th to 18th January 2026

Class : 73KG FEMALE										Date :18-01-2026	
Sr. No.	Competitor's Name	Category	DOB	STATE	1st Attempt	BENCH PRESS				PLACE	POINT
						1	2	3	MAX		
Final Result of Senior Female Category											
1	Mogal Reshma Rafikbhai	Senior	07-06-1986	Gujarat	70 Kg	70	75	77	77	1st	
2	Patel Ashaben Varvabhai	Senior	05-02-1985	Gujarat	60 Kg	60	65	X	65	2nd	
3	Solanki Llaban Shivrambhai	Senior	17-04-1998	Gujarat	38 Kg	38	40	45	45	3rd	
	Geeta	Senior	12-10-1987	Haryana	80 Kg	X	X	X	X	X	
	Rashika	Senior	19-12-1984	Chhattisgarh	80 Kg	X	X	X	X	X	

23rd Senior, 18th Junior & 2nd Sub Junior National Para Powerlifting Championship 2025-26											
Venue: - COER University, Roorkee, Uttarakhand 247667											
Date: - 16th to 18th January 2026											
Class : 79KG FEMALE										Date :18-01-2026	
Sr. No.	Competitor's Name	Category	DOB	STATE	1st Attempt	BENCH PRESS				PLACE	POINT
						1	2	3	MAX		
Final Result of Senior Female Category											
1	Sahista	Senior	08-03-2000	Delhi	85 Kg	85	88	90	90	1st	
2	Sunita Dhobi	Senior	05-01-1990	Rajasthan	62 Kg	62	67	69	69	2nd	
3	Gitika	Senior	27-04-1999	Haryana	63 Kg	63	65	68	68	3rd	
4	Pandya Meeta Balramdas	Senior	15-05-1978	Gujarat	62 Kg	62	X	X	62		
5	Laxmi Sharma	Senior	15-01-1990	Uttar Pradesh	40 Kg	40	45	X	45		
	Rati Saini	Senior	27-01-1990	GOA	38 Kg	X	X	X	X		



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Venue: - COER University, Roorkee, Uttarakhand 247667

Date: - 16th to 18th January 2026

Class : 86KG FEMALE										Date : ...	18-01-2026
Sr. No.	Competitor's Name	Category	DOB	STATE	1st Attempt	BENCH PRESS				PLACE	POINT
						1	2	3	MAX		
Final Result of Senior Female Category											
1	Arun Moli	Senior	11-06-1979	Tamilnadu	78 Kg	78	80	83	83	1st	
2	Samimben Vasimbhai	Senior	25-05-1992	Gujarat	65 Kg	65	70	73	73	2nd	
	Kamna Pillai	Senior	12-04-1984	Chhattisgarh	60 Kg	X	X	X	X	X	



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Venue: - COER University, Roorkee, Uttarakhand 247667

Date: - 16th to 18th January 2026

Class : Over 86KG FEMALE										Date : ...	18-01-2026
Sr. No.	Competitor's Name	Category	DOB	STATE	st Attempt	BENCH PRESS				PLACE	POINT
						1	2	3	MAX		
Final Result of Senior Female Category											
1	Shival Prabha	Senior	06-04-1985	Gujarat	70 Kg	70	73	75	75	1st	
2	Ramandeep Kaur	Senior	18-12-1988	Punjab	50 Kg	50	60	X	60	2nd	
	Priyadarshini Lingeswaran	Senior	18-12-1988	Meghalaya	50 Kg	50	X	X	X	X	